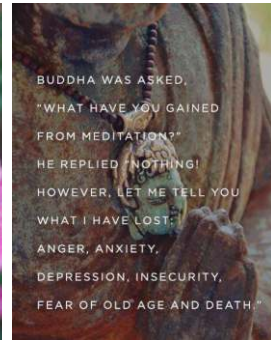


RELAX | RECOVER | REJUVENATE



Therapies | Yoga & Meditation | Sauna Steam Jacuzzi Aroma Soak | Wellness Library
Spa Cuisine | Spa Store | Gym | Pool | Aqua Aerobics | Boot Camp | Cross Training



Please enquire about our range of spa therapies and offers. We also offer pool & gym memberships, cross training and yoga, personal training & nutritional guidance, spa cuisine, a wellness store and library.

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